**INFO SHEET #4: Expressing Belief/Conviction**

**Competency**

**MELC:** **EN7VC-IV-i-16** Express one’s beliefs/convictions based on a material viewed**.**

**Objectives**

After the end of the lessons, the learners are expected to be able to:

1. differentiate between belief and conviction; and

2. express one’s beliefs/convictions based on a material viewed.

**Key Information**

**EXPRESSING BELIEF / CONVICTION**

**BELIEF**

* something that an individual considers as truth.
* consider that something is correct and true.
* an expression of one’s opinion.

As human beings, we all have our very own belief systems. A person can believe in various things such as fate, destiny, alien life, karma, and many others.

**CONVICTION**

* a firm belief that an individual has on a particular subject.
* something that an individual is convinced of.

To be convinced the individual needs to obtain all the information. It is only after he has a thorough knowledge and understanding of all the available information that an individual is convinced. Therefore, it is based on this information that the conviction is built. Hence, unlike a belief that changes with time and new experiences, a conviction remains the same. Once a conviction has been formed, it is difficult for the individual to see the world in a different light. He only sees things in the light of his conviction.

The table below shows a summary of the differences between a belief and a conviction.

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|  | **BELIEF** | **CONVICTION** |
| **Definition** | A belief can be defined as a feeling that something exists or is true. | A conviction can be defined as a firm belief. |
| **Characteristics** | A belief can change over time. | Convictions mostly remain without changing over time. |
| **Basis** | A belief is based on personal opinions. | A conviction is not based on personal opinions. It requires concrete information. |
| **Nature** | Belief can be weak and shallow. | Unlike a belief, a conviction is stronger and deeper. |
| **Example** | Filipinos, by nature, are resilient people. | Life may only be taken away by the one who gave it. |

Reference:

Difference Between Conviction and Belief. (5 June 2015). Retrieved from https://www.differencebetween.com/difference-between-conviction-and-vs-belief/

**Proposed Performance Tasks**